Anglican Parish of Altona/Laverton

MORNING PRAYER

Sunday 30 August 2020

The service of **Morning Prayer** has its roots in the daily pattern of prayer and worship in monastic communities. The liturgy draws richly on the scriptures: both in the appointed psalms and readings, and also in other songs (canticles) and responses. Today's pew sheet (see www.anglicanaltlav.org.au/pew-sheets) contains a third reading, set for today but not included in this service.

This is the day that the Lord has made. We will rejoice and be glad in it.

Psalm 118.24

Glory to God; Father, Son and Holy Spirit: as in the beginning, so now, and for ever. Amen.

The Opening Canticle, A Song of Triumph (Venite)

O come, let us sing out to the Lord: let us shout in triumph to the rock of our salvation.

Let us come before his face with thanksgiving: and cry out to him joyfully in psalms.

For the Lord is a great God:

and a great king above all gods.

In his hand are the depths of the earth:

and the peaks of the mountains are his also.

The sea is his and he made it:

his hands moulded dry land.

Come, let us worship and bow down:

and kneel before the Lord our maker.

For he is the Lord our God:

we are his people and the sheep of his pasture.

Today if only you would hear his voice:

'Do not harden your hearts as Israel did in the wilderness:

'When your forebears tested me:

put me to proof though they had seen my works.

'Forty years long I loathed that generation and said:

"It is a people who err in their hearts, for they do not know my ways";

'Of whom I swore in my wrath:

"They shall not enter my rest."

Psalm 95

The Opening Prayer

The night has passed and the day lies open before us; let us pray with one heart and mind.

Silence may be kept.

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever. **Amen.**

Confession

Let us confess our sins in penitence and faith, confident in God's forgiveness.

Merciful God,

our maker and our judge, we have sinned against you

in thought, word, and deed,

and in what we have failed to do:

we have not loved you with our whole heart; we have not loved our neighbours as ourselves;

we repent, and are sorry for all our sins.

Father, forgive us.

Strengthen us to love and obey you

in newness of life:

through Jesus Christ our Lord. Amen.

Almighty God have mercy on you, forgive you your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Psalm

O give thanks to the Lord and call upon his name: tell among the peoples what things he has done.

Sing to him, O sing praises: and be telling of all his marvellous works.

Exult in his holy name: and let those that seek the Lord be joyful in heart.

Seek the Lord and his strength: O seek his face continually.

Call to mind what wonders he has done: his marvellous acts, and the judgements of his mouth,

O seed of Abraham his servant: O children of Jacob his chosen one.

Then Israel came into Egypt: and Jacob dwelt in the land of Ham.

There the Lord made his people fruitful: too numerous for their enemies,

Whose hearts he turned to hate his people: and to deal deceitfully with his servants.

Then he sent Moses his servant: And Aaron whom he had chosen.

(105.1-6, 23-26)

God of our earthly pilgrimage, feed your Easter people with the bread of heaven, that we may hunger and thirst for righteousness until we reach our promised land; through Jesus Christ our Lord.

Amen.

Reading from the First Testament (Hebrew Bible)

A reading from the book Exodus.

Moses was taking care of the flock for his father-inlaw Jethro, Midian's priest. He led his flock out to the edge of the desert, and he came to God's mountain called Horeb. The Lord's messenger appeared to him in a flame of fire in the middle of a bush. Moses saw that the bush was in flames, but it didn't burn up. Then Moses said to himself, Let me check out this amazing sight and find out why the bush isn't burning up.

When the Lord saw that he was coming to look, God called to him out of the bush, "Moses, Moses!"

Moses said, "I'm here."

Then the Lord said, "Don't come any closer! Take off your sandals, because you are standing on holy ground." He continued, "I am the God of your father, Abraham's God, Isaac's God, and Jacob's God." Moses hid his face because he was afraid to look at God.

Then the Lord said, "I've clearly seen my people oppressed in Egypt. I've heard their cry of injustice because of their slave masters. I know about their pain. I've come down to rescue them from the Egyptians in order to take them out of that land and bring them to a good and broad land, a land that's full of milk and honey, a place where the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites all live. Now the Israelites' cries of injustice have reached me. I've seen just how much the Egyptians have oppressed them. So get going. I'm sending you to Pharaoh to bring my people, the Israelites, out of Egypt."

But Moses said to God, "Who am I to go to Pharaoh and to bring the Israelites out of Egypt?"

God said, "I'll be with you. And this will show you that I'm the one who sent you. After you bring the people out of Egypt, you will come back here and worship God on this mountain."

But Moses said to God, "If I now come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' they are going to ask me, 'What's this God's name?' What am I supposed to say to them?"

God said to Moses, "I Am Who I Am. So say to the Israelites, 'I Am has sent me to you." God continued, "Say to the Israelites, 'The Lord, the God

of your ancestors, Abraham's God, Isaac's God, and Jacob's God, has sent me to you.' This is my name forever; this is how all generations will remember me."

(3.1-15; CEB)

Here ends the first reading.

Reading from the New Testament

A reading from the Gospel according to Matthew.

From that time Jesus began to show his disciples that he had to go to Jerusalem and suffer many things from the elders, chief priests, and legal experts, and that he had to be killed and raised on the third day. Then Peter took hold of Jesus and, scolding him, began to correct him: "God forbid, Lord! This won't happen to you." But he turned to Peter and said, "Get behind me, Satan. You are a stone that could make me stumble, for you are not thinking God's thoughts but human thoughts."

Then Jesus said to his disciples, "All who want to come after me must say no to themselves, take up their cross, and follow me. All who want to save their lives will lose them. But all who lose their lives because of me will find them. Why would people gain the whole world but lose their lives? What will people give in exchange for their lives? For the Human One is about to come with the majesty of his Father with his angels. And then he will repay each one for what that person has done. I assure you that some standing here won't die before they see the Human One coming in his kingdom."

(16.21-28; CEB)

Here ends the second reading.

The readings are followed by a short period of silence for reflection, then the response May your word live in us and bear much fruit to your glory.



The Canticle, The Song of Zechariah (Benedictus)

Blessed be the Lord, the God of Israel: who has come to his people and set them free. The Lord has raised up for us a mighty Saviour: born of the house of his servant David.

Through the holy prophets, God promised of old: to save us from our enemies from the hands of

to save us from our enemies, from the hands of all who hate us,

To show mercy to our forebears:

To show mercy to our forebears: and to remember his holy covenant.

This was the oath God swore to our father Abraham: to set us free from the hands of our enemies,

Free to worship him without fear:

holy and righteous before him, all the days of our life.

And you, child, shall be called the prophet of the Most High:

for you will go before the Lord to prepare his way, To give his people knowledge of salvation: by the forgiveness of their sins.

In the tender compassion of our God:

the days from an high shall break upon us

the dawn from on high shall break upon us, To shine on those who dwell in darkness and the shadow of death:

and to guide our feet into the way of peace.

Luke 1.68-79

Sermon

The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose from the dead; he ascended into heaven, and is seated at the right hand of the Father; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers

Lord have mercy. Christ have mercy. Lord have mercy.

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.

The Collect of the Day

O God, whose Son has shown the way of the cross to be the way of life: transform and renew our minds that we may not be conformed to this world but may offer ourselves wholly to you as a living sacrifice through Jesus Christ our Saviour; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Intercessions and Thanksgivings.

The Morning Collect

Eternal God and Father, by whose power we are created and by whose love we are redeemed; guide and strengthen us by your Spirit, that we may give ourselves to your service, and live this day in love to one another and to you; through Jesus Christ our Lord. **Amen.**

The Lord be with you. And also with you. Let us praise the Lord. Thanks be to God.

The grace of the Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. **Amen.**

2 Corinthians 13.14