Anglican Parish of Altona/Laverton

MORNING PRAYER

Sunday 11 October 2020

Welcome to this service of Morning Prayer, and thank you for joining us whether from near or far. Please add your voice and your prayers as we worship God together.

The service of **Morning Prayer** has its roots in the daily pattern of prayer and worship in monastic communities. The liturgy draws richly on the scriptures: both in the appointed psalms and readings, and also in other songs (canticles) and responses. Today's pew sheet (see www.anglicanaltlav.org.au/pew-sheets) contains a third reading, set for today but not included in this service.

This is the day that the Lord has made. We will rejoice and be glad in it.

Psalm 118.24

Glory to God; Father, Son and Holy Spirit: as in the beginning, so now, and for ever. Amen.

The Opening Canticle, The Song of the Three

Blessed are you, the God of our forebears:
worthy to be praised and exalted for ever.
Blessed is your holy and glorious name:
worthy to be praised and exalted for ever.
Blessed are you, glorious in your holy temple:
worthy to be praised and exalted for ever.
Blessed are you who behold the depths:
worthy to be praised and exalted for ever.
Blessed are you on the throne of your kingdom:
worthy to be praised and exalted for ever.
Blessed are you in the heights of heaven:
worthy to be praised and exalted for ever.

Song of the Three 29-34

The Opening Prayer

The night has passed and the day lies open before us; let us pray with one heart and mind.

Silence may be kept.

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever. **Amen.**

Confession

Let us confess our sins in penitence and faith, confident in God's forgiveness.

Merciful God,
our maker and our judge,
we have sinned against you
in thought, word, and deed,
and in what we have failed to do:
we have not loved you with our whole heart;
we have not loved our neighbours as ourselves;
we repent, and are sorry for all our sins.
Father, forgive us.
Strengthen us to love and obey you
in newness of life;
through Jesus Christ our Lord. Amen.

Almighty God have mercy on you, forgive you your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Psalm

Praise the Lord; O give thanks to the Lord, for he is good: and his mercy endures for ever.

Who can express the mighty acts of the Lord: or fully voice his praise?

Blessed are those who act according to justice: who at all times do the right.

Remember me, O Lord, when you visit your people with your favour: and come to me also with your salvation,

That I may see the prosperity of your chosen: that I may rejoice with the rejoicing of your people, and exult with those who are your own.

We have sinned like our ancestors: we have acted perversely and done wrong.

At Horeb they made themselves a calf: and bowed down in worship to an image.

And so they exchanged the glory of God: for the likeness of an ox that eats hay.

They forgot God who was their saviour: that had done such great things in Egypt,

Who had worked his wonders in the land of Ham: and his terrible deeds at the Red Sea.

Therefore he thought to destroy them: had not Moses his servant stood before him in the breach, to turn away his wrath from destroying them.

(106.1-6, 20-24)

Holy God, when our memories blot out your kindness and we ignore your patient love, remember us, re-make us, and give to us poor sinners the rich inheritance of Jesus Christ our Lord. **Amen.**

Reading from the First Testament (Hebrew Bible)

A reading from the book Exodus.

The people saw that Moses was taking a long time to come down from the mountain. They gathered around Aaron and said to him, "Come on! Make us gods who can lead us. As for this man Moses who brought us up out of the land of Egypt, we don't have a clue what has happened to him."

Aaron said to them, "All right, take out the gold rings from the ears of your wives, your sons, and your daughters, and bring them to me." So all the people took out the gold rings from their ears and brought them to Aaron. He collected them and tied them up in a cloth. Then he made a metal image of a bull calf, and the people declared, "These are your gods, Israel, who brought you up out of the land of Egypt!"

When Aaron saw this, he built an altar in front of the calf. Then Aaron announced, "Tomorrow will be a festival to the LORD!" They got up early the next day and offered up entirely burned offerings and brought well-being sacrifices. The people sat down to eat and drink and then got up to celebrate.

The LORD spoke to Moses: "Hurry up and go down! Your people, whom you brought up out of the land of Egypt, are ruining everything! They've already abandoned the path that I commanded. They have made a metal bull calf for themselves. They've bowed down to it and offered sacrifices to it and declared, 'These are your gods, Israel, who brought you up out of the land of Egypt!'" The LORD said to Moses, "I've been watching these people, and I've seen how stubborn they are. Now leave me alone! Let my fury burn and devour them. Then I'll make a great nation out of you."

But Moses pleaded with the LORD his God, "LORD, why does your fury burn against your own people,

whom you brought out of the land of Egypt with great power and amazing force? Why should the Egyptians say, 'He had an evil plan to take the people out and kill them in the mountains and so wipe them off the earth'? Calm down your fierce anger. Change your mind about doing terrible things to your own people. Remember Abraham, Isaac, and Israel, your servants, whom you yourself promised, 'I'll make your descendants as many as the stars in the sky. And I've promised to give your descendants this whole land to possess for all time.'" Then the LORD changed his mind about the terrible things he said he would do to his people.

(32.1-14; CEB)

Here ends the first reading.

Reading from the New Testament

A reading from the letter of Paul to the Philippians.

Therefore, my brothers and sisters whom I love and miss, who are my joy and crown, stand firm in the Lord.

Loved ones, I urge Euodia and I urge Syntyche to come to an agreement in the Lord. Yes, and I'm also asking you, loyal friend, to help these women who have struggled together with me in the ministry of the gospel, along with Clement and the rest of my coworkers whose names are in the scroll of life.

Be glad in the Lord always! Again I say, be glad! Let your gentleness show in your treatment of all people. The Lord is near. Don't be anxious about anything; rather, bring up all of your requests to God in your prayers and petitions, along with giving thanks. Then the peace of God that exceeds all understanding will keep your hearts and minds safe in Christ Jesus.

From now on, brothers and sisters, if anything is excellent and if anything is admirable, focus your thoughts on these things: all that is true, all that is holy, all that is just, all that is pure, all that is lovely, and all that is worthy of praise. Practise these things: whatever you learned, received, heard, or saw in us. The God of peace will be with you.

(4.1-9; CEB)

Here ends the second reading.

The readings are followed by a short period of silence for reflection, then the response

May your word live in us

and bear much fruit to your glory.

The Canticle, A Song of God's Children

Christ is the image of the invisible God: the first-born of all creation.

For in him all things were created: in heaven and on earth, visible and invisible.

All things were created through him and for him: he is before all things and in him all things hold together.

He is the head of the body, the Church: he is the beginning, the first-born from the dead.

For it pleased God that in him all fullness should dwell: and through him all things be reconciled to himself.

Colossians 1.15-20

Sermon

The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ. God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose from the dead; he ascended into heaven, and is seated at the right hand of the Father; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.



The Prayers

Lord have mercy. Christ have mercy. Lord have mercy.

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.

The Collect of the Day

O God, whose beauty is beyond our imagining and whose power we cannot comprehend: show us your glory, as far as we can grasp it, and shield us from knowing more than we can bear, until we may look upon you without fear, through Jesus Christ. **Amen.**

Intercessions and Thanksgivings.

The Morning Collect

Eternal God and Father, by whose power we are created and by whose love we are redeemed; guide and strengthen us by your Spirit, that we may give ourselves to your service, and live this day in love to one another and to you; through Jesus Christ our Lord. **Amen.**

The Lord be with you.

And also with you.

Let us praise the Lord.

Thanks be to God.

The grace of the Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. **Amen.**

2 Corinthians 13.14