A warm welcome to our worship today, especially if you are with us for the first time or visiting.

Please join us for refreshments at the end of the service.

Our parish lies on the country of the Kulin nation. We recognise and honour the Indigenous custodians of this land over countless generations, and we pay our respects to their elders, past and present. We commit ourselves to the path of reconciliation, justice and healing (including to Pay The Rent to local First Nations people).
Gathering in God’s Name

We meet in God’s name, as God’s people—children of God in all our rich diversity, with all that we carry from the complexity of our lives. We turn to God in praise and prayer; this includes recalling all that has separated us from God, and claiming the love and forgiveness that is always held out to us.

INTROIT HYMN 596 Fill my whole life, O Lord my God
(found in the red hymn book Together in Song)

THE COLLECT (prayer of the day)

Living God,
whose Son Jesus fed the hungry
with the bread of his life
and the word of his kingdom:
renew your people with your heavenly grace,
and in all our weakness
sustain us with your true and living bread,
Jesus Christ our Lord;
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. Amen.

PARISH PRAYER

God of this ancient land, holy beyond time and place,
you search us out and name us your beloved children.
Work in us to fulfil your longing and compassion for every person.
Send your Spirit to renew our life,
and give us courage to rise and follow where Jesus calls. Amen.

FIRST READING

A reading from the book of Second Samuel (11.26-12.13a)

11 26 When the wife of Uriah heard that her husband was dead, she made lamentation for him. 27 When the mourning was over, David sent and brought her to his house, and she became his wife, and bore him a son. 12 1 and the Lord sent Nathan to David. He came to him, and said to him, ‘There were two men in a certain city, one rich and the other poor. 2 The rich man had very many flocks and herds; 3 but the poor man had nothing but one little ewe lamb, which he had bought. He brought it up, and it grew up with him and with his children; it used to eat of his meagre fare, and drink from his cup, and lie in his bosom, and it was like a daughter to him. 4 Now there came a traveller to the rich man, and he was loath to take one of his own flock or herd to prepare for the wayfarer who had come to him, but he took the poor man’s
lamb, and prepared that for the guest who had come to him.’ 5 Then David’s anger was greatly kindled against the man. He said to Nathan, ‘As the LORD lives, the man who has done this deserves to die; 6 he shall restore the lamb fourfold, because he did this thing, and because he had no pity.’ 7 Nathan said to David, ‘You are the man! Thus says the LORD, the God of Israel: I anointed you king over Israel, and I rescued you from the hand of Saul; 8 I gave you your master’s house, and your master’s wives into your bosom, and gave you the house of Israel and of Judah; and if that had been too little, I would have added as much more. 9 Why have you despised the word of the LORD, to do what is evil in his sight? You have struck down Uriah the Hittite with the sword, and have taken his wife to be your wife, and have killed him with the sword of the Ammonites. 10 Now therefore the sword shall never depart from your house, for you have despised me, and have taken the wife of Uriah the Hittite to be your wife. 11 Thus says the LORD: I will raise up trouble against you from within your own house; and I will take your wives before your eyes, and give them to your neighbour, and he shall lie with your wives in the sight of this very sun. 12 For you did it secretly; but I will do this thing before all Israel, and before the sun.’ 13 David said to Nathan, ‘I have sinned against the LORD.’ Nathan said to David, ‘Now the LORD has put away your sin; you shall not die.

Hear the word of the Lord.

Thanks be to God.

Psalm (51.1-12)

1 Have mercy on me, O God, in your enduring goodness: according to the fulness of your compassion blot out my offences.
2 Wash me thoroughly from my wickedness: and cleanse me from my sin.
3 For I acknowledge my rebellion: and my sin is ever before me.
4 Against you only have I sinned and done what is evil in your eyes: so you will be just in your sentence and blameless in your judging.
5 Surely in wickedness I was brought to birth: and in sin my mother conceived me.
6 You that desire truth in the inward parts: O teach me wisdom in the secret places of the heart.
7 Purge me with hyssop, and I shall be clean: wash me, and I shall be whiter than snow.
8 Make me hear of joy and gladness: let the bones which you have broken rejoice.
9 Hide your face from my sins: and blot out all my iniquities.
10 Create in me a clean heart, O God: and renew a right spirit within me.
11 Do not cast me out from your presence: do not take your holy spirit from me.
12 O give me the gladness of your help again: and support me with a willing spirit.
SECOND READING

A reading from the letter of Paul to the Ephesians (4.1-16)

1 I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, 2 with all humility and gentleness, with patience, bearing with one another in love. 3 making every effort to maintain the unity of the Spirit in the bond of peace. 4 There is one body and one Spirit, just as you were called to the one hope of your calling, 5 one Lord, one faith, one baptism, 6 one God and Father of all, who is above all and through all and in all. 7 But each of us was given grace according to the measure of Christ’s gift. 8 Therefore it is said, ‘When he ascended on high he made captivity itself a captive; he gave gifts to his people.’ 9 (When it says, ‘He ascended’, what does it mean but that he had also descended into the lower parts of the earth? 10 He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) 11 The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, 12 to equip the saints for the work of ministry, for building up the body of Christ, 13 until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. 14 We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people’s trickery, by their craftiness in deceitful scheming. 15 But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, 16 from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body’s growth in building itself up in love.

Hear the word of the Lord.
Thanks be to God.

GRADUAL HYMN 164 The great love of God is revealed in the Son
(found in the red hymn book Together in Song)

THE GOSPEL

Alleluia. Alleluia.

No one lives on bread alone, but on every word that comes from the mouth of God. Alleluia.

The Lord be with you. And also with you.

A reading from the Gospel of our Lord Jesus Christ according to John (6.24-35)
Glory to you, Lord Jesus Christ.

24 So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. 25 When they found him on the other side of the lake, they said to him, ‘Rabbi, when did you come here?’ 26 Jesus answered them, ‘Very truly, I tell you, you are looking for me, not
because you saw signs, but because you ate your fill of the loaves. 27 Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal. 28 Then they said to him, ‘What must we do to perform the works of God?’ 29 Jesus answered them, ‘This is the work of God, that you believe in him whom he has sent.’ 30 So they said to him, ‘What sign are you going to give us then, so that we may see it and believe you? What work are you performing?’ 31 Our ancestors ate the manna in the wilderness; as it is written, “He gave them bread from heaven to eat.” 32 Then Jesus said to them, ‘Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. 33 For the bread of God is that which comes down from heaven and gives life to the world.’ 34 They said to him, ‘Sir, give us this bread always.’ 35 Jesus said to them, ‘I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.

For the Gospel of the Lord:
Praise to you, Lord Jesus Christ.

Sermon

Celebrating at the Lord’s Table

Our sharing is a gift of grace, a communion with Jesus and with each other. There is a place here for each and every person.

Offertory Hymn 511 Let us break bread together with the Lord

(found in the red hymn book Together in Song)

Everyone is invited to share communion or receive a blessing. Children who have been baptised are welcome to share communion. If you would prefer not to share communion but to receive a personal blessing, please indicate when the minister comes to you.

While communion is being shared, we sing:

Holy, holy, holy.
My heart, my heart adores you.
My heart knows how to say to you:
Holy are you, Lord.

Hymn 723
Words: Anon (from Argentina)
Going into the World

The Eucharist offers us a way to be renewed, transformed, and blessed: now we take that blessing to share with others, in our words and actions, our hearts and lives.

‘The Eucharist never ends—it must be lived.’

Recessional Hymn 571 Forth in your name, O Lord, I go
(found in the red hymn book Together in Song)

Go in peace to love and serve the Lord. Alleluia, alleluia!
In the name of Christ. Alleluia, alleluia.

This Week in our Parish

<table>
<thead>
<tr>
<th>Sunday 4 August:</th>
<th>Thursday 8 August</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eleventh Sunday After</td>
<td>10:00am Holy Eucharist, St Eanswythe’s</td>
</tr>
<tr>
<td>Pentecost</td>
<td>11:00am Mothers Union, St Eanswythe’s</td>
</tr>
<tr>
<td>8:30am Holy Eucharist,</td>
<td></td>
</tr>
<tr>
<td>St Clement’s</td>
<td></td>
</tr>
<tr>
<td>10:30am Sung Eucharist,</td>
<td></td>
</tr>
<tr>
<td>St Eanswythe’s</td>
<td></td>
</tr>
<tr>
<td>1:00pm Te Hakari Tapu,</td>
<td></td>
</tr>
<tr>
<td>St Eanswythe’s</td>
<td></td>
</tr>
<tr>
<td>5:00pm Evening Eucharist,</td>
<td></td>
</tr>
<tr>
<td>St Clement’s</td>
<td></td>
</tr>
<tr>
<td>Tuesday - Friday</td>
<td></td>
</tr>
<tr>
<td>10:30am-12:30pm Op Shop open</td>
<td></td>
</tr>
<tr>
<td>Tuesday 6 August</td>
<td></td>
</tr>
<tr>
<td>9:00am Morning Prayer,</td>
<td></td>
</tr>
<tr>
<td>St Eanswythe’s</td>
<td></td>
</tr>
<tr>
<td>10:00am Tiddler’s Playgroup,</td>
<td></td>
</tr>
<tr>
<td>St Eanswythe’s*</td>
<td></td>
</tr>
<tr>
<td>Wednesday 7 August</td>
<td></td>
</tr>
<tr>
<td>9:00am Holy Eucharist,</td>
<td></td>
</tr>
<tr>
<td>St Clement’s</td>
<td></td>
</tr>
<tr>
<td>Sunday 11 August:</td>
<td></td>
</tr>
<tr>
<td>Twelfth Sunday After</td>
<td></td>
</tr>
<tr>
<td>Pentecost</td>
<td></td>
</tr>
<tr>
<td>8:30am Holy Eucharist,</td>
<td></td>
</tr>
<tr>
<td>St Clement’s</td>
<td></td>
</tr>
<tr>
<td>10:30am Sung Eucharist,</td>
<td></td>
</tr>
<tr>
<td>St Eanswythe’s</td>
<td></td>
</tr>
<tr>
<td>1:00pm Te Hakari Tapu,</td>
<td></td>
</tr>
<tr>
<td>St Eanswythe’s</td>
<td></td>
</tr>
<tr>
<td>5:00pm Evening Prayer,</td>
<td></td>
</tr>
<tr>
<td>St Clement’s</td>
<td>*During school term</td>
</tr>
</tbody>
</table>

Giving: Deposits can be made to the parish Bendigo Bank account at any time (BSB 633 000, account number 157 594 722, account name “St Eanswythe’s Altona with St Clement’s Laverton Anglican Churches”). For pledge giving please include your name or envelope/reference number. For further details see anglicanaltlav.org.au/giving

The Anglican Diocese of Melbourne is committed to churches being places where everyone is safe, especially children and vulnerable people. All church workers and volunteers are required to complete training and relevant checks. If you wish to raise any concerns about misconduct, past or present, please contact the independent Professional Standards body, Kooyoora (1800 135 246; www.kooyoora.org.au).
For our Prayers this Week

The world and nation:
We pray for:
- Victims of senseless violence and their families.
- Communities in Southern India searching for missing loved-ones and the deceased following devastating landslides.
- Household budgets will meet rising cost of living pressures.

The Church:
World Council of Churches:
Cameroon, Central African Republic, and Equatorial Guinea.

For Christians facing persecution and martyrdom, and for those who pray and grieve for them.

Anglican Church of Australia:
Theological Colleges, Church Schools & Church Kindergartens.

Diocese of Melbourne:
St Matthew's Cheltenham (Colleen Clayton).

Agencies supported by our parish:
Anglican Board of Mission – supporting ministry among Aboriginal & Torres Strait Islander peoples.

Our parish & community: For God’s guidance, love and care of our people.

We pray for our Vicar Rev’d Kerry and his family.

Those with particular needs at this time:
Denise, Stuart, Anthony, Carol, Lewis, Christopher, Maria, Kay, Michael, Anna, Toby, John, Margaret, Wilford, Elisabeth.

The communion of saints:
Anniversaries this Week:
Evan Wickens (4th), Anne Aitken (5th), Joseph McAnda (6th), Clarrie Baines (10th), Neville Scarlett (10th).

To add a name to the pew sheet prayer list, for those needing prayers now or to be remembered on the anniversary of their death, please contact the clergy or parish office.

Eucharist Readings for this Week

Take some time to prepare for worship together by exploring the readings for this week.

Readings for Wednesday 7 August, 9:00am St Clement’s
Jeremiah 31.1-7; Ps 72.15-21; Matthew 15.21-28

Readings for Thursday 8 August: 10:00am St Eanswythe’s
Dominic, priest and friar (d. 1221)
Jeremiah 31.31-34; Ps 51.15-19; Matthew 16.13-23

Readings for Sunday 11 August: Twelfth Sunday After Pentecost
2 Samuel 18.5-9, 14, 31-33; Ps 130; Ephesians 4.25-5.2; John 6.35, 41-51

Morning Prayer: Shared on Tuesday and Friday morning at 9:00am at St Eanswythe’s. Everyone is welcome.
Thank You! A big thank you to those who participated in the gardening bee at St Clement's last Saturday. Your efforts in helping make the gardens and grounds clean and tidy are very much appreciated.

Save the Date: We will hold a working bee at St Eanswythe's on Saturday 24 August from 9.30am to work on the gardens and clean the church, hall, kitchen, meeting room and courtyard. Please make yourself available to come and help if you are free that day.

Reflective Bible Study: The reflective Bible study group meets once a month and is open to all. Held in St Eanswythe’s meeting room (enter through the door from the car park behind the Op Shop), on the following Tuesdays at 7.30pm:

- 13 August (2nd Tuesday)
- 10 September (2nd Tuesday)
- 15 October (3rd Tuesday)
- 12 November (2nd Tuesday)
- 10 December (2nd Tuesday)

Groups Meeting Regularly in the Parish

Sunday School:
Sundays at 10:30am at St Eanswythe’s (except December school holidays).

Tiddlers Playgroup:
Tuesdays in term time, 10:00am at St Eanswythe’s. Contact Jan Lee (9398 2993)

Clementines Playgroup:
Fridays in term time, 9:30am at St Clement’s. Contact Louise Mattey (9395 5472)

Mothers’ Union:
Monthly at St Eanswythe’s, 2nd Thursday at 11:00am. Contact Sandra Hansen (0410 040 661)

Caritas:
Monthly at St Eanswythe’s, 2nd Tuesday at 3:00pm. Contact Joan Meiers (0416 264 840)

Parish Contact List

St Eanswythe’s: Cnr Bent & Queen St, Altona 3018 | PO Box 48, Altona VIC 3018
St Clement’s: 85-95 Central Ave, Altona Meadows 3028
www.anglicanaltlav.org.au | T: 03 9398 1005 | E: parish@anglicanaltlav.org.au

Vicar: The Rev’d Kerry Davis [Tuesday to Sunday, Monday rest day]
M: 0425 163 063 | E: kdavis@anglicanaltlav.org.au

Assistant Priest and Maori Minister: The Rev’d Danny McRoberts
M: 0448 841 196 | E: dann.mcroberts@gmail.com

Churchwardens: Lily Griffin, Soon Ghee Yap & Denis Lee

Why do you spend your money for that which is not bread, and your labour for that which does not satisfy? Eat what is good, and delight yourselves in rich food. Isaiah 55:2